

WINDSOR HIGH SCHOOL

2011-2012 ATHLETIC PARTICIPATION REQUIREMENT

THE FOLLOWING INFORMATION **MUST** BE COMPLETED AND TURNED IN TO THE ATHLETIC DIRECTOR OR AN ATHLETIC DEPARTMENT REPRESENTATIVE **BEFORE** CLEARANCE FOR TRYOUT WILL BE GIVEN:

- PHYSICAL -REQUIRED **YEARLY** BY THE STATE OF CALIFORNIA BY A PHYSICIAN OR NURSE PRACTITIONER ONLY. (Chiropractor Exam not acceptable)
- EMERGENCY INFORMATION
- PARENT/STUDENT SIGNATURES (PLEASE CHECK ALL PAGES)
- SPORTS PARTICIPATION (\$80) PLEASE MAKE CHECKS PAYABLE TO WINDSOR HIGH SCHOOL
- ACADEMIC/CREDIT ELIGIBILITY (DETERMINED BY THE REGISTRAR OR ATHLETIC DIRECTOR)
- EJECTION POLICY NOTIFICATION FORM
- STEROIDS POLICY FORM
- SPECTATOR CODE OF CONDUCT FORM

STUDENTS WILL NOT BE ALLOWED TO PARTICIPATE IN TRYOUTS OR PRACTICE UNLESS ALL OF THE ABOVE ITEMS ARE COMPLETED.

***Suggested Sports Participation Donation: \$80 per sport.**

Amount donated \$ _____

Parent Signature: _____

NOTICE TO STUDENTS REGARDING ELIGIBILITY TO PARTICIPATE IN INTERSCHOLASTIC ATHLETICS:

Transferring from one school to another school may affect your athletic eligibility under North Coast Section and/or State CIF rules. It is your responsibility to see your school principal for a copy of the rules.

2011-2012 ATHLETIC PARTICIPATION REQUIREMENTS

Student Name: _____ Grade: _____

***Note: Only one set of athletic forms will be required for the entire school year. However, STUDENTS MUST CHECK IN WITH THE ATHLETIC DIRECTOR PRIOR TO TRYOUTS / PRACTICE IN EACH SPORT FOR: Additional fee payments, determination of academic eligibility, updating of emergency information and verification of yearly physical.**

The following portion is for administrative use only. Please leave blank.

SPORT	Date	Date of Physical	Academic Clearance \ Waiver	\$80	Code of Conduct/ Spectator Code of Conduct	Steroid Policy	Ejection Policy	Transfer Eligibly
Cross Country B G								
Football								
Tennis B G								
Soccer B G								
Cheerleading								
Volleyball								
Basketball B G								
Wrestling								
Baseball								
Golf B G								
Softball								
Badminton								
Swimming B G								
Track B G								

_____ Please check if you have attended any other high school than Windsor in the past 12 months. If so, you must see the Athletic Director first for clearance.

WINDSOR HIGH SCHOOL

CODE OF CONDUCT & ATHLETE PARTICIPATION CONTRACT

Code of Conduct

Athletes are expected to contribute to school pride and spirit by representing themselves, the team and Windsor High School in a positive manner at all times by following these guidelines:

- Show respect for administration, faculty, coaches, and other students/athletes (including opponents and visitors) at all times;
- Show respect for the integrity and judgment of game officials at all times;
- Show respect for all private, public and personal property at all times;
- Live up to the sportsmanship standards established by school administration and the coaching staff;
- Refrain from making any kind of derogatory remarks to opponents or visitors before, during, and after the game, especially comments that are ethnic, racial, or sexual in nature;
- Win with humility; lose with grace. Do both with dignity.

Participation on an interscholastic team is a privilege that can be revoked at any time for improper conduct by an athlete whether at a school or in the community. Athletic participation is considered a school-related activity; as such, all school rules, regulations and consequences, including this Code of Conduct, are expected and enforced.

Scholastic Eligibility

According to the North Coast Section (NCS), an athlete must meet the following scholastic qualifications in order to be eligible to participate in athletics:

- Have a minimum 2.0 GPA during the previous grading period before the sport begins (including 8th grade) and each consecutive one after that (NCS 2090.1);
- Have completed 20 semester periods of work during the previous grading period (except the last semester of the eighth grade) (NCS 2090.2);
- Be currently enrolled in and passing at least 20 semester periods of work (four 95-minute blocks at WHS) (NCS 2091); and
- Be maintaining at least minimum progress toward graduation requirements.

IF A STUDENT ATHLETE DOES NOT HAVE AND MAINTAIN A 2.0 GPA, SHE/HE WILL NOT BE ALLOWED TO COMPETE. If an athlete falls below the required 2.0 GPA minimum, he or she may, **ONE TIME** in their four years at Windsor High School, request an Athletic Eligibility Waiver. These forms are available from the Athletic Director or the main office and must be completed and approved **before** the athlete can compete. The contract requires a one-page, typewritten plan of action from the student as well as signatures from the student, parent, coach, athletic director, and principal. Once approved, the athlete will be provided with a copy of the Athletic Eligibility Waiver to present to the coach before competing.

To support athletes in maintaining the academic eligibility standards, we offer several resources and training to coaches, parents, and students. Please refer to the Parent Information section for more information.

Prerequisites

Students who wish to try out for athletic participation must:

- Not owe any debts to the school;
- Turn in a signed Code of Conduct/Athlete Participation Contract;
- Provide a doctor’s signature of approval to participate in sports (Health Statement), parent/guardian approval, and medical insurance information;
- Turn in a signed Ejection Policy;
- Pay a \$80 Sports Transportation Donation (refunded if student does not make the team);
- Be eligible (see Athletic Director for more details).

Such participation is approved through the Athlete Clearance to Participate Form available from the main office, the Athletic Director and/or coaches.

Attendance

Students must attend at least two academic blocks the day of a game to be eligible to participate in interscholastic competition.

Transportation

Students must use the school’s transportation to and from all activities when provided. Exceptions to this rule must be cleared IN WRITING with the appropriate district forms available from the main office, the Athletic Director and/or coaches. While using school transportation, athletes are expected to respect the supervision and authority of both coaches and driver(s) of the vehicle.

Awards

It is the tradition at Windsor High School that coaches hold an end-of-the-season banquet to distribute awards and celebrate the season. Athletes are honored with a certificate of participation, a pin, and, if applicable, a Block W letter. To earn a Block W letter, an athlete must have participated on a Varsity level team for at least 75% of the season. Awards are distributed to athletes who have completed all check-out procedures (i.e., paid fees, returned equipment).

My signature verifies that all relevant athletic policies of Windsor High School have been explained to me. I understand and accept the above criteria and the Code of Conduct as prerequisites to being allowed to participate on an athletic team. If I am unclear about any policies, it is my responsibility to contact my coach or athletic director.

Parent Signature

Date

Athlete Signature

Date

ATHLETIC PARTICIPATION WARNING TO STUDENTS AND PARENTS

By its very nature, competitive athletics may put students in situations where serious catastrophic and perhaps fatal accidents may occur.

Many forms of athletic competition result in violent physical contact among players, which may result in accidents, strenuous physical exertion, and numerous other exposures to injury.

Students and parents must assess the risks involved in such participation and make their choice to participate in spite of those risks, or they choose not to participate. No amount of instruction, precaution, or supervision will totally eliminate all risk of injury. Just as driving an automobile involves choice of risk, athletic participation by high school students also may be inherently dangerous. The obligation of parents and students in making this choice to participate cannot be overstated. There have been accidents resulting in death, paraplegia, quadriplegia, and other very serious permanent physical impairment as a result of athletic competition.

By granting permission for your student to participate in athletic competition, you the parent or guardian, acknowledge that such risk exists.

By choosing to participate, you, the student, acknowledge that such risks exist.

If any of the foregoing is not completely understood, please contact Windsor High School for further information.

This verifies that the undersigned have carefully read and understand the above warning to students and parents.

Parent/Guardian signature

Date

Student signature

Date

ATHLETE/COACH EJECTION POLICY NOTIFICATION FORM

The following rules and minimum penalties are applicable to players and coach as adopted by the NSC Board of Managers on April 21, 1995 in accordance with national federation rules. This policy will include non-league invitational tournaments, post-season, league, section or state playoff, etc.

1. Ejection of a player from a contest for unsportsmanlike dangerous conduct. **Penalty:** the player shall be ineligible for the next contest (non-league, league, invitational/tournament/event post-season (league, section or state) playoff, etc.).
2. Illegal participation in the next contest by a player ejected in a previous contest. **Penalty:** the contest shall be forfeited and the ineligible player shall ineligible for the next contest.
3. Second ejection of a player for unsportsmanlike or dangerous conduct from a contest during one season. **Penalty:** the player shall be ineligible for the remainder of the season.
4. When one or more players leave the bench (or dugout, etc.) to participate in an altercation. **Penalty:** the player(s) shall be ejected from the contest-in-question and become ineligible for the next contest (non-league, league, invitation tournament, post-season (league, section or state) playoff, etc.).

I have read and understand the rules and regulations of the ejection policy. Athletes may not participate in any contest until this document is filed with the school.

Student's Signature

Date

Parent's Signature

Date

Athletic Director's Initials

Date

Sport: _____

STEROID POLICY

As a condition of membership in the CIF, all schools shall adopt policies prohibiting the use and abuse of androgenic/anabolic steroids. All member schools shall have participating students and their parents, legal guardian/caregiver agree that the athlete will not use steroids without the written prescription of a fully licensed physician (as recognized by the AMA) to treat a medical condition (Bylaw 524).

By signing below, both the participating student-athlete and the parents, legal guardian/caregiver hereby agree that the student shall not use androgenic/anabolic steroids without the written prescription of a fully licensed physician (as recognized by the AMA) to treat a medical condition. We also recognize that under CIF Bylaw 200.D., there could be penalties for false or fraudulent information. We also understand that the Windsor Unified School District policy regarding the use of illegal drugs will be enforced for any violations of these rules.

Signature of Athlete

Date

Signature of Parent/Caregiver

Date

VERIFICATION OF INSURANCE FOR ATHLETIC PARTICIPATION

I certify that the named student is covered by insurance.

The name of the insurance company is _____ I hereby give authorization for my son/daughter to participate in athletics, including traveling with the coach to athletic events.

Signature of Parent/Caregiver

Date

VERIFICATION OF LEGAL RESIDENCE

I certify that the address listed here is the correct legal residence of the above student.

Street Address

City, State, Zip

Signature of Parent/Caregiver

Date



Spectator's Code of Conduct

As a spectator of Windsor High School athletic events, I agree to the following:

Not to use profane language or harass players, coaches, or officials.

To show respect for your team's opponents.

Not to criticize a student athlete for making a mistake during a competition.

To respect the officials' decisions.

To respect the coaches' decisions.

To not make rude, disrespectful, or derogatory comments about players, coaches, school personnel, or officials.

Please note:

California Ed Code 32210 states any person who disturbs a public school event *or* demeans a public school employee in the presence of students is guilty of a misdemeanor and shall be punished by a fine of not more than \$500.

Windsor High School personnel reserves the right to deny any spectator the opportunity to attend a Windsor High School event.

Parent Name _____

Parent Signature _____ Date _____

Sport: _____

**WINDSOR HIGH SCHOOL
ATHLETIC PARTICIPATION EMERGENCY INSTRUCTIONS**

Student Name _____
Last name First name Middle initial

Address _____

City _____ Zip Code _____ Phone _____

In case of illness or accident to the student named above, the school is authorized to proceed as indicated below. Number each item 1, 2, 3, 4 in order of desired action.

_____ Contact Mother _____ Phone _____
(Name)

_____ Contact Father _____ Phone _____
(Name)

_____ Contact Doctor _____ Phone _____
(Name)

_____ Contact Relative _____ Phone _____
or Neighbor (Name)

I request that my child receive first aid services whenever such services are deemed necessary. I authorize that my child be attended by a licensed physician and/or taken to the nearest hospital in event that his/her condition deems it necessary. I will accept judgment of the person in charge. This permit is effective until I give a written notice of cancellation.

Please describe any mental/physical conditions, including medical history and use of prescribed medication(s), that may affect participation/behavior in practice and/or competition:

Signature of Parent/Caregiver _____ Date

Athletic Director / Administration _____ Date

Medical Insurance Verification

Medical Insurance coverage is required. Supplementary Medical Insurance may be purchased at the school by students.

Company Name _____ Policy Number

Coaches Copy

Sport: _____

**WINDSOR HIGH SCHOOL
ATHLETIC PARTICIPATION EMERGENCY INSTRUCTIONS**

Student Name _____
Last name First name Middle initial

Address _____

City _____ Zip Code _____ Phone _____

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